

Outcomes-Accountable™ Musculoskeletal Care

CHOICE Physical Therapy & Wellness (CPTW) in partnership with Integrated Mechanical Care (IMC) deliver significantly lower cost and higher quality musculoskeletal care to individuals suffering from orthopedic conditions, resulting in greater speed to recovery for patients, lower benefit costs for self-insured employers and others, and a socioeconomic lift in communities served.

CPTW and IMC routinely reverse $\geq 75\%$ of orthopedic conditions in \leq six (6) office visits, and another 15% within three (3) months, with $\leq 10\%$ recurrence rates—thereby reducing the incidence, prevalence, and cost of MSDs in group health, workers' compensation, and disability programs.

On average, CPTW and IMC patients achieve statistically significant improvements (on scientifically validated indices) in pain management, physical function, and care-related satisfaction:

- Pain drops $\geq 60\%$
- Activities of daily living (ADLs) improve $\geq 25\%$
- Low back function improves $\geq 60\%$
- Neck function improves $\geq 55\%$
- Lower extremity function improves $\geq 55\%$
- Patients' MSD-related costs drop by $\geq 25\%$
- Patient satisfaction increases to $\geq 97\%$

On average, for CPTW and IMC clients (such as self-insured employers [SIEs], accountable care organizations [ACOs], and home- and community-based service [HCBS] providers):

- Surgical rates drop from $\geq 13\%$ to $\leq 7\%$
- Physical therapy visits drop from ≥ 14 per referral to ≤ 6
- Advanced imaging drops from $\geq 25\%$ of cases to $\leq 10\%$
- Pain injections drop from $\geq 10\%$ of cases to $\leq 3\%$
- Patient satisfaction is sustained at $\geq 97\%$

In addition to reducing the cost of employee benefit and total rewards programs, our outcomes-accountable™ musculoskeletal care and orthopedic solutions reduce absenteeism, enhance workforce continuity, and improve employee productivity. This jumpstarts corporate earnings and competitiveness, and it helps to drive regional socioeconomic development.

Count on CPTW and IMC to:

- Reduce MSD-related PMPM costs by $\geq 25\%$
- Slow growth in group health, workers' comp, and disability costs
- Reduce the incidence and prevalence of MSDs
- Reduce the duration of musculoskeletal conditions
- Enhance the return on investment (ROI) for "total rewards" programs
- Increase employee satisfaction, retention, and continuity
- Increase productive capacity, productivity, and earnings contributions
- Lead the field in health benefit innovation and population health management
- Drive corporate profits and regional socioeconomic development

For more information, please call 336-783-9400 or email cvedder@choicptc.com.